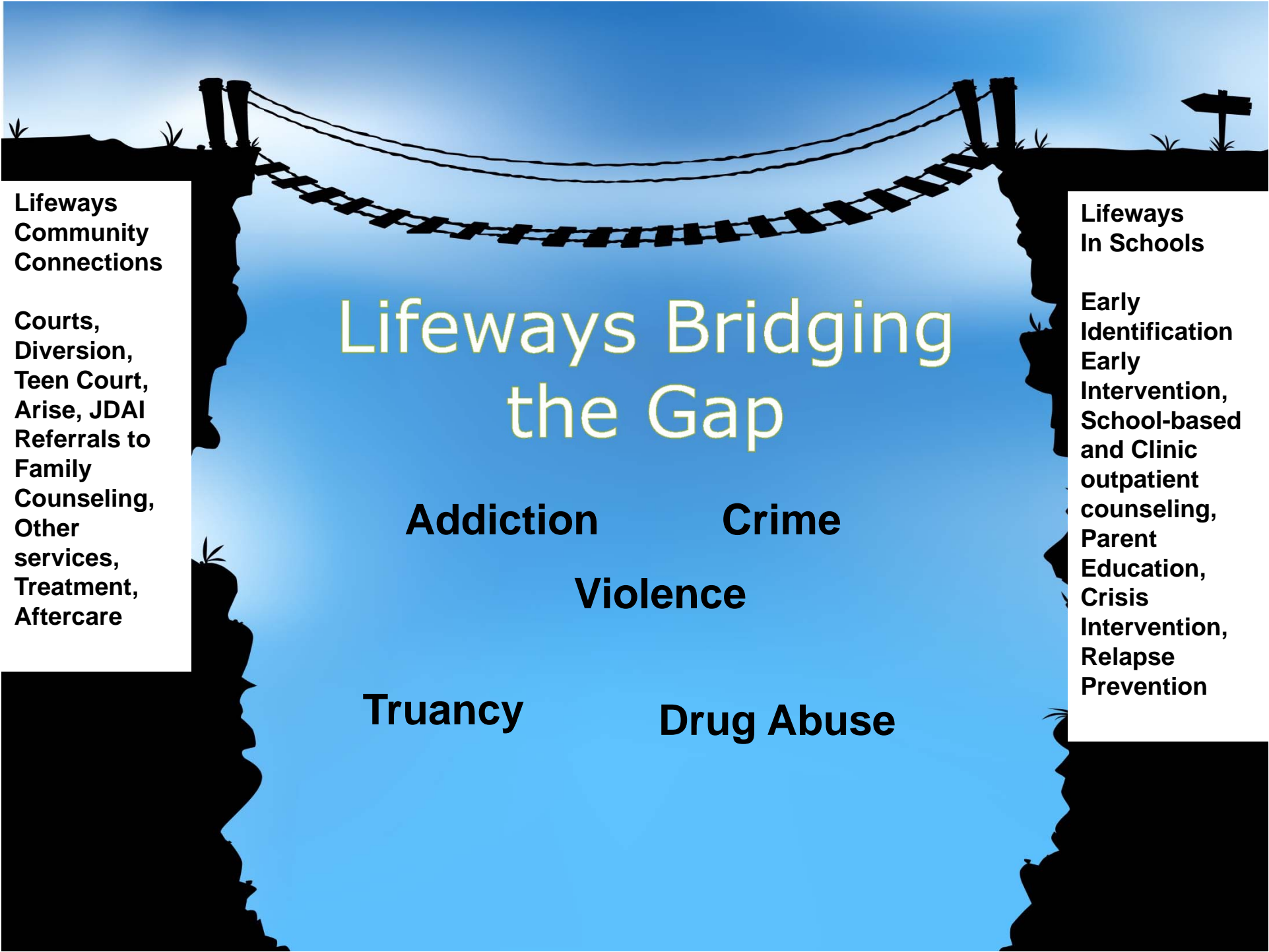


Lifeways

Prevention, Early Identification, Intervention, and Outpatient Counseling



**Evidenced Based Intervention Services
embedded in Schools -
Building relationships with youth to help them
stay in school and out of legal system**



**Lifeways
Community
Connections**

**Courts,
Diversion,
Teen Court,
Arise, JDAI
Referrals to
Family
Counseling,
Other
services,
Treatment,
Aftercare**

**Lifeways
In Schools**

**Early
Identification
Early
Intervention,
School-based
and Clinic
outpatient
counseling,
Parent
Education,
Crisis
Intervention,
Relapse
Prevention**

Lifeways Bridging the Gap

Addiction

Crime

Violence

Truancy

Drug Abuse

Lifeways

Continuum of Programming

Connected with Community
Services: Youth serving agencies

Evidenced based Curriculum

Peer/Peer creating campaigns and change

Early Identification - Screening

Early Intervention – Pre Treatment

School & Clinic based
outpatient counseling

South Dakota Teens Nationally



- **2nd highest for binge drinking**
- **5th highest for driving after drinking**
- **Underage youth consume nearly 24% of the alcohol sold in South Dakota –**

The Beer Institute lists in 2012 - SD receiving 742,952 shipments of 31 gallon barrels of malt beverages.



**Challenges
Trends**

Trends

Methamphetamine

Marijuana Wax 80% THC

Prescription Drug Abuse

Over the Counter

Medication Abuse



**Funding
Community
Resources**

**Community
Resources**

Early Intervention &

Prevention Funds Decreased

2003-2015 Prevention Ed Data

- **Lifeways Provided:**

- **1173.25** classroom education hours
 - **671.25** hours at Middle Schools
 - **502** hours at High Schools
- **84 hours** group education during school
- **684** hours of pro-social activities, school based mentoring, prevention awareness activities and peer to peer groups
- **Community Events**
 - Parent Education on Teen Brain
 - Awareness on Underage Drinking, current trends
 - Mental Health Promotion Fair and school campaign “What Gives You Hope” Poster Contest

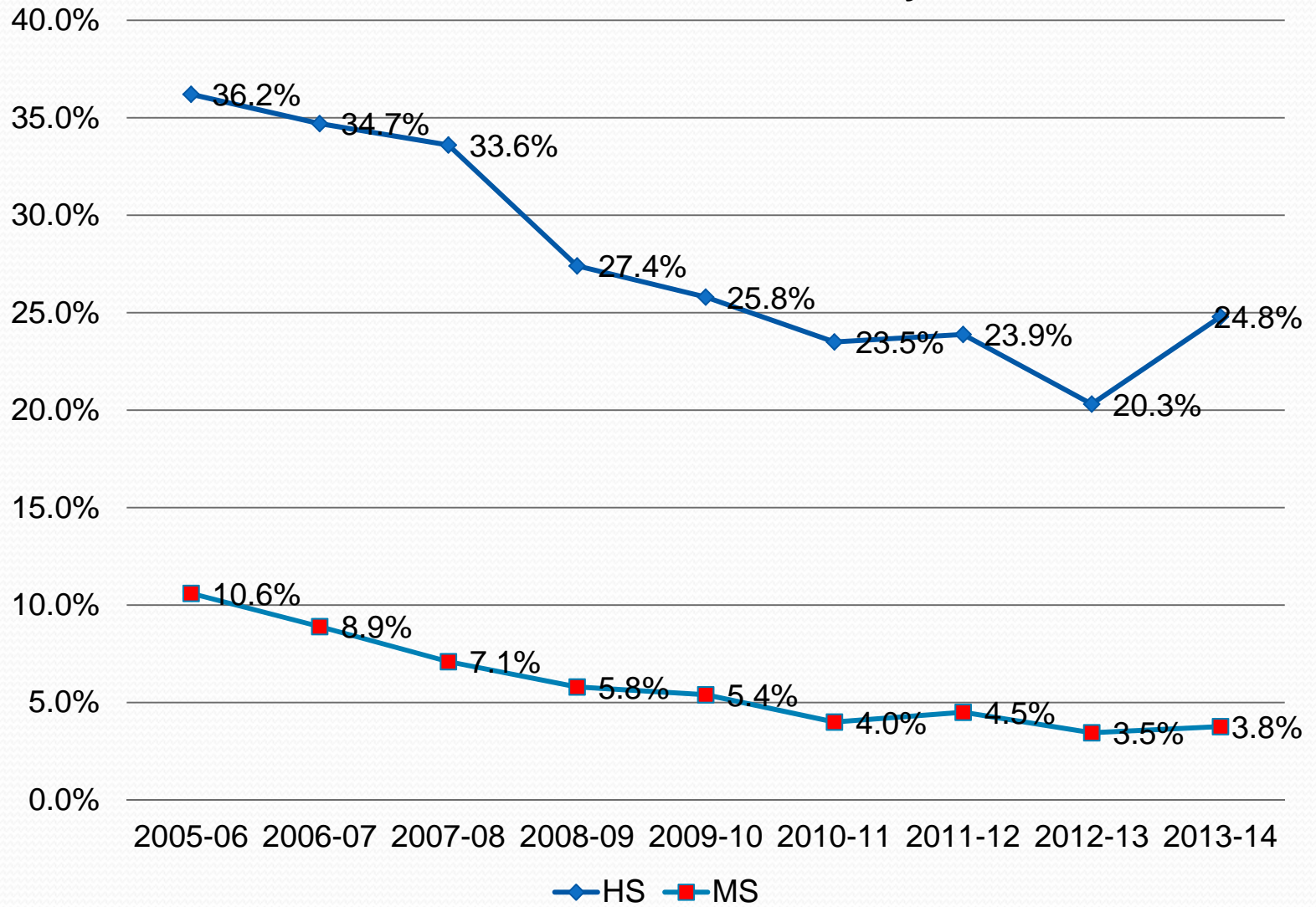
2003-2015 Intervention Data

- **Lifeways Provided:**
 - **1,270** youth individualized screening/assessment/referral sessions
 - **167** youth Lifeways Early Intervention After School Programs and 134 of their parents
 - Middle School- 26 youth and 26 parents
 - High School
 - 10 hour group one week after school and a Saturday Parent component - 52 youth and 41 parents
 - 20 hour group two weeks after school and a Saturday Parent component - 89 youth and 67 parents
 - **196** youth School-based or Clinic outpatient counseling and treatment needs assessments
 - **70** youth outpatient counseling sessions with families



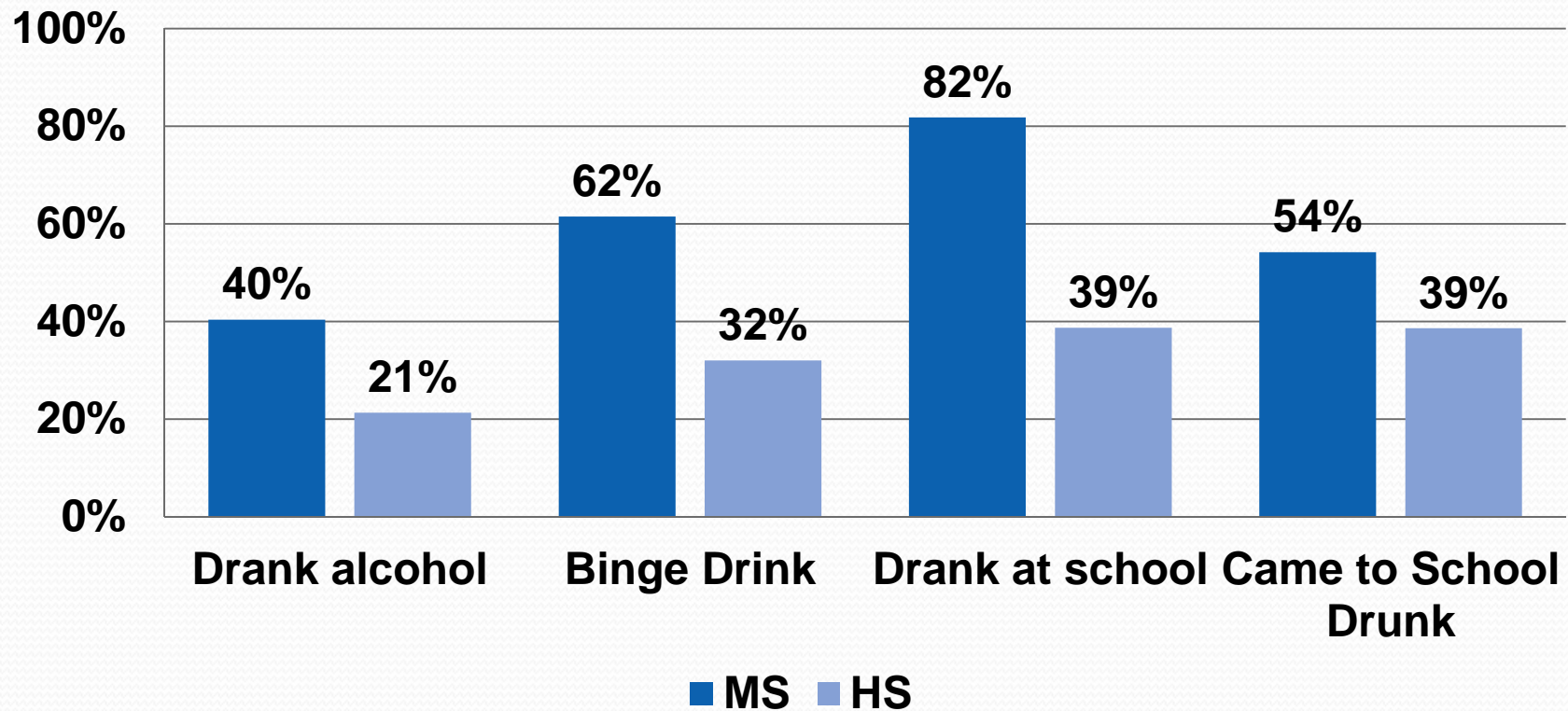
In the 13 going on 14 years Lifeways has provided intervention in the schools and community, Lifeways has served over 20,000 youth and their parents.

Rapid City Area Schools Youth Development Survey Used alcohol in last 30 days

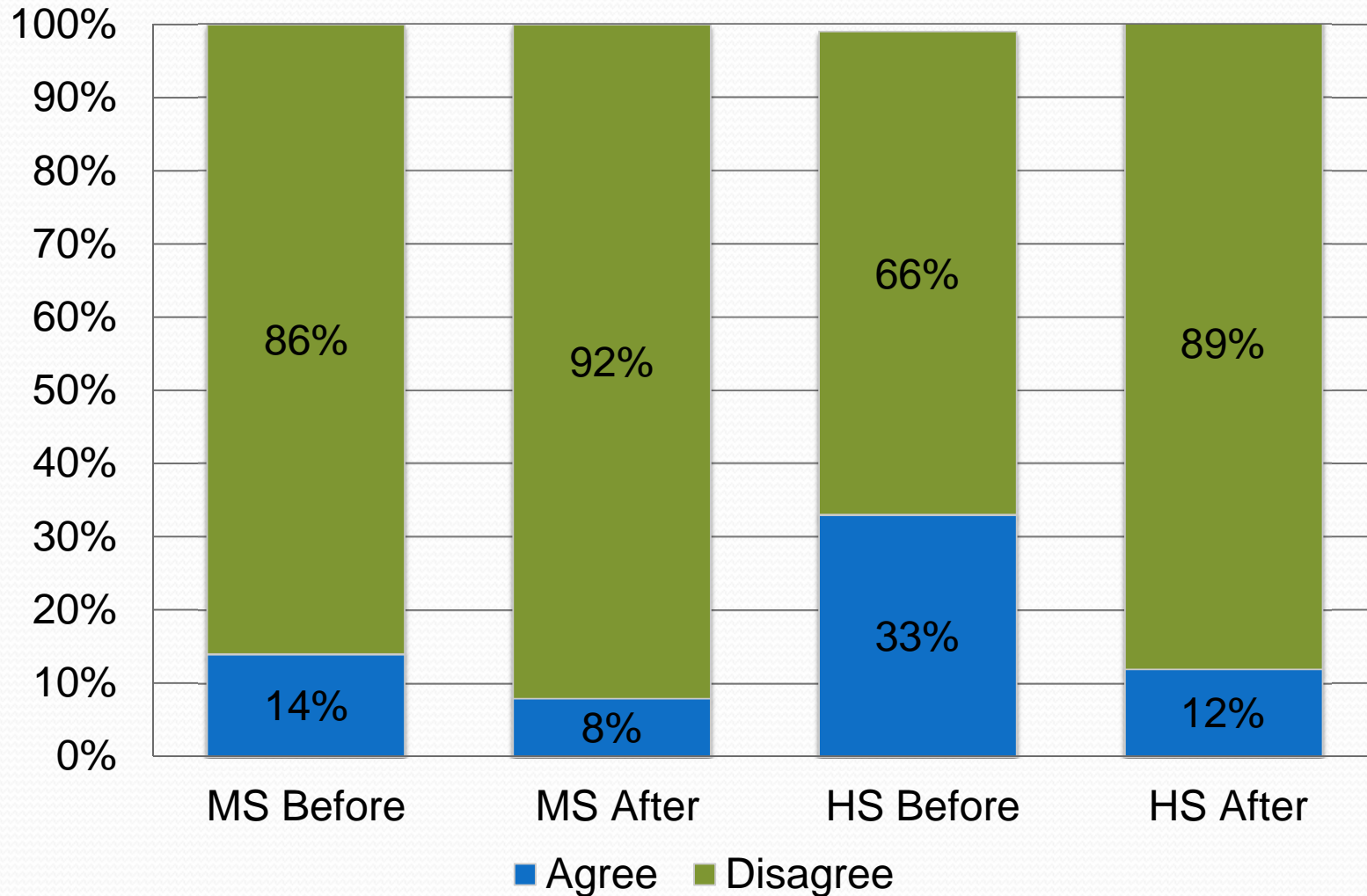


In 2013, 24.8% of HS students and 3.8% of MS students in Rapid City reported current use of alcohol. This included students who reported having at least one drink (beer, wine, or hard liquor) in the past 30 days. Many of these youth report drinking to deal with sadness or depression.

Think Drinking Alcohol is a Good Way to Deal with Sadness or Depression



School Based Early Intervention Program I think using alcohol or drugs is a good way to deal with sadness and depression.



BENEFITS

*with the right help,
recovery and healing happen*



- *“I learned the reality of how drugs can affect you and people around us.”*
- *“That I got to learn that family is more important than getting high, and about setting goals and effects of marijuana.”*

Early Intervention Program 2013-2014

Benefits

Early Intervention Programs Work! 94% of youth that completed Lifeways Early Intervention program did NOT have another arrest.



Youth are less likely to reoffend who receive early intervention.

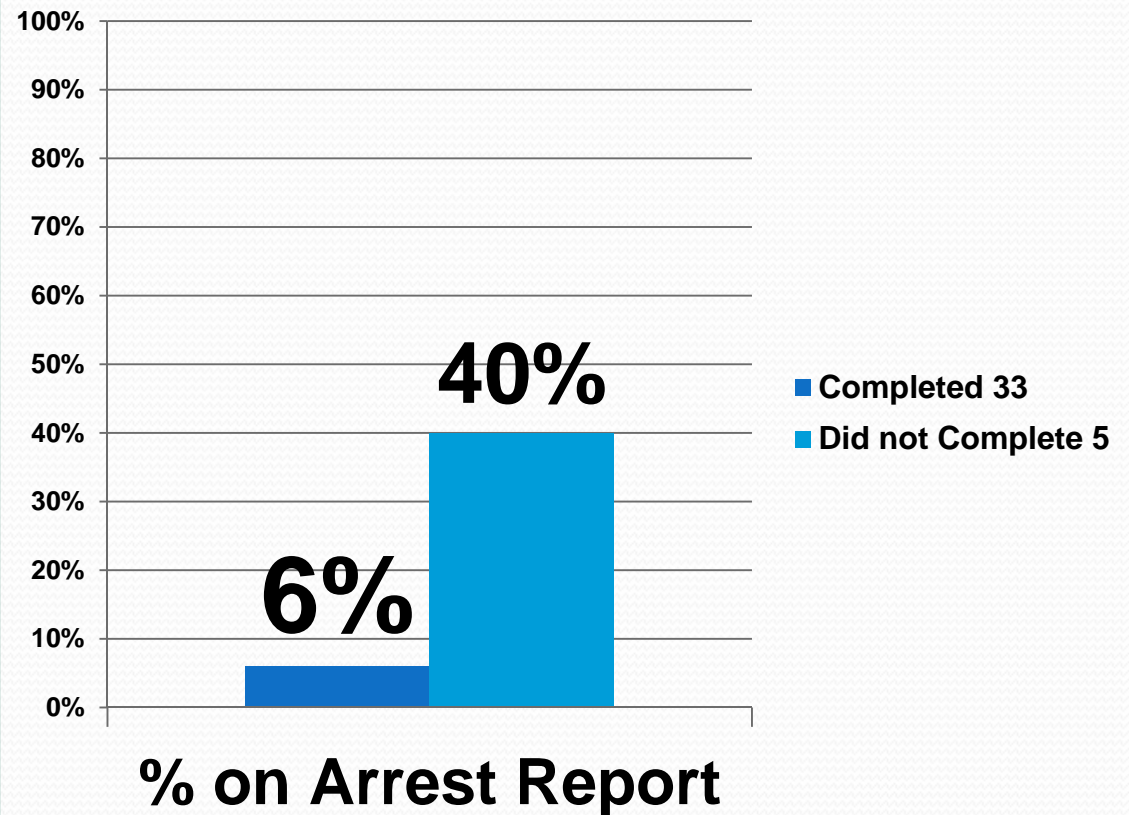
Only **6%** of students who completed the 10 hour program reoffended.

Evaluation outcome data with *33 out of 52 completing all requirements of 10 hour program.

97% Parent

Involvement attending all of the levels of EI programs youth & parent session

**% On Arrest Report After Working With Lifeways
(Arrest Reports Between 6/1/13 and 5/31/14)**



COST BENEFITS

Effective evidence-based intervention programming

saves \$2 to \$10 for every \$1 spent.

Direct and indirect public expenditures:

- **Education**
- **Health**
- **Criminal Justice**
- **Child Welfare & Social Welfare Programs**





Lifeways Youth Advisory Conference

**“It is in the shelter of each other
that the people live.”**

IRISH PROVERB

Thank you!



**“Building Bridges with
Youth to Live Safe,
Drug Free and Healthy
Lives”**

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