

PART I - FACE SHEET

APPLICATION FOR FEDERAL ASSISTANCE		1. TYPE OF SUBMISSION: Application <input checked="" type="checkbox"/> Non-Construction	
Modified Standard Form 424 (Rev. 02/07 to conform to the Corporation's eGrants System)			
DATE SUBMITTED TO CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS):	3. DATE RECEIVED BY STATE:	STATE APPLICATION IDENTIFIER:	
APPLICATION ID: 16SR180071	4. DATE RECEIVED BY FEDERAL AGENCY:	FEDERAL IDENTIFIER:	
APPLICATION INFORMATION			
LOCAL NAME: City of Rapid City NS NUMBER: 057222119		NAME AND CONTACT INFORMATION FOR PROJECT DIRECTOR OR OTHER PERSON TO BE CONTACTED ON MATTERS INVOLVING THIS APPLICATION (give area codes): NAME: Angellique Weeks	
ADDRESS (give street address, city, state, zip code and county): 300 6th St Rapid City SD 57701 - 5034 County: Pennington		TELEPHONE NUMBER: (605) 394-2507 FAX NUMBER: (605) 394-2508 INTERNET E-MAIL ADDRESS: angle.weeks@rcgov.org	
EMPLOYER IDENTIFICATION NUMBER (EIN): 466000380		7. TYPE OF APPLICANT: 7a. Local Government - Municipal 7b.	
TYPE OF APPLICATION (Check appropriate box). <input type="checkbox"/> NEW <input checked="" type="checkbox"/> NEW/PREVIOUS GRANTEE <input type="checkbox"/> CONTINUATION <input type="checkbox"/> AMENDMENT Amendment, enter appropriate letter(s) in box(es): <input type="checkbox"/> <input type="checkbox"/> A. AUGMENTATION B. BUDGET REVISION C. NO COST EXTENSION D. OTHER (specify below):		9. NAME OF FEDERAL AGENCY: Corporation for National and Community Service	
a. CATALOG OF FEDERAL DOMESTIC ASSISTANCE NUMBER: 94.002 b. TITLE: Retired and Senior Volunteer Program		11.a. DESCRIPTIVE TITLE OF APPLICANT'S PROJECT: Black Hills RSVP	
AREAS AFFECTED BY PROJECT (List Cities, Counties, States, etc): SOUTH DAKOTA Opportunity #3 Fall River, Pennington Counties		11.b. CNCS PROGRAM INITIATIVE (IF ANY):	
PROPOSED PROJECT: START DATE: 04/01/18 END DATE: 03/30/19		14. CONGRESSIONAL DISTRICT OF: a.Applicant <input type="checkbox"/> SD 00 b.Program <input type="checkbox"/> SD 00	
ESTIMATED FUNDING: Year #: <input type="text" value="1"/>		16. IS APPLICATION SUBJECT TO REVIEW BY STATE EXECUTIVE ORDER 12372 PROCESS? <input type="checkbox"/> YES. THIS PREAPPLICATION/APPLICATION WAS MADE AVAILABLE TO THE STATE EXECUTIVE ORDER 12372 PROCESS FOR REVIEW ON: DATE: <input checked="" type="checkbox"/> NO. PROGRAM IS NOT COVERED BY E.O. 12372	
a. FEDERAL	\$ 45,301.00	17. IS THE APPLICANT DELINQUENT ON ANY FEDERAL DEBT? <input type="checkbox"/> YES if "Yes," attach an explanation. <input checked="" type="checkbox"/> NO	
b. APPLICANT	\$ 88,415.00		
c. STATE	\$ 0.00		
d. LOCAL	\$ 13,846.00		
e. OTHER	\$ 59,093.00		
f. PROGRAM INCOME	\$ 0.00		
g. TOTAL	\$ 133,716.00		
I, TO THE BEST OF MY KNOWLEDGE AND BELIEF, ALL DATA IN THIS APPLICATION/PREAAPPLICATION ARE TRUE AND CORRECT, THE DOCUMENT HAS BEEN FULLY AUTHORIZED BY THE GOVERNING BODY OF THE APPLICANT AND THE APPLICANT WILL COMPLY WITH THE ATTACHED ASSURANCES IF THE ASSISTANCE IS AWARDED.			
TYPED NAME OF AUTHORIZED REPRESENTATIVE: Steve Allender		b. TITLE: Mayor	(605) 394-4142
SIGNATURE OF AUTHORIZED REPRESENTATIVE:		e. DATE SIGNED:	

Attest: _____
Pauline Sumption, Finance Officer

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Executive Summary

An estimated 520 RSVP Volunteers will serve through the Black Hills RSVP, sponsored by the City of Rapid City. Of this number, 154 RSVP volunteers will be placed in outcome based assignments. Some of their activities will include; deliver food to the homebound and/or older adults and individuals with disabilities; assisting in food pantries and food bank back pack programs, and working in congregate meal sites providing evening and weekend meals, and baking for seniors. The primary focus area of this project is Healthy futures. At the end of the three-year grant period 600 homebound or older adults and individuals with disabilities will receive food, or other services that allow them to live independently and 335 individuals will receive support, services, to increase their social ties/perceived social support. The CNCS federal investment of \$45,301 will be supplemented by \$88,418 of non-federal resources.

Strengthening Communities

Black Hills RSVP proposes to place 262 of its 520 volunteers in the Primary Focus Area of Healthy Futures-Aging in Place, 154 of those 262 volunteers will be placed with performance outcomes in Food Delivery. The concentration of these volunteer activities has been a long term focus of RSVP. In our service area of Pennington and Fall River Counties, there are 15,727 individuals over the age of 65. National studies and assessments, such as AARP reported in 2011 that 89% of adults 50 and over hoped to remain in their homes as they age and the proportion was heightened among seniors in the 65+ and 75+ age groups, have influenced the identification of local needs. However, local assessment is an ongoing practice we use to ensure that volunteers are best placed to satisfy the true needs of our service area. These practices include:

- * Our Advisory Council includes individuals in the; housing, insurance, senior service, and non-profit communities, as well as senior citizens and volunteers. Their insights and expertise have guided our program to stay aware and pro-active in addressing needs facing our service area.
- * The RSVP Project Director maintains a seat on the Board of Directors for the Pennington County Council on Aging. This organization conducts periodic needs assessments that reveal and address the needs of local seniors and struggles they face in remaining independent. Results of these assessments have indicated that lack of transportation, senior assistance and proper nutrition are among the top 5 reasons seniors may prematurely enter into long-term care or nursing facilities.
- * Participation in the Pennington County Senior Information Network not only has provided valuable information on current needs, but also an opportunity to do "Strength-Based Community

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Assessments" where we are able to identify community resources, programs and services available for seniors and create and strengthen partnerships with providers. RSVP volunteers can act as a "force multiplier" in expanding those current services available to seniors that require assistance, transportation or nutritional/food security.

* Periodic meetings with state and local government officials/legislators provided valuable information on key issues concerning seniors that are at the forefront of state and local agendas.

* Long-time partnerships and associations with our service area's non-profit community, stations and the local Chamber of Commerce have allowed us to build trusted and reliable associations that provide ongoing insights on critical needs.

Success achieved in helping to meet the needs identified by our community are evident in the statements of support that we have received from key stakeholders:

* "You are absolutely wonderful!! Making a difference in the lives of children. Bless you" Gina Nelson, Special Education Coordinator, Rapid City School District

* "I am so deeply appreciative. We have a large amount of curriculum to cover and a limited amount of time, so extra help is a true GODSEND!" Stephenie Rittberger, Career Learning Center GED/Adult Ed. Coordinator

* "The RSVP Program is vital to the continuation of Western South Dakota Senior Services' mission. They provide essential volunteers for all aspects of the programs that serve the seniors of Western South Dakota." George Larson, Executive Director, Western South Dakota Senior Services.

* "The Club for Boys has partnered with RSVP for over 25 years. During this time, we have seen the long term impact of their service in so many positive ways. We look forward to the continued relationship and positive outcomes RSVP brings to our program." Mark Kline, Assistant Executive Director, Rapid City Club for Boys

Further evidence of success and priority can be reflected in strong and on-going partnerships and networks formed within the senior serving community. Documentation and tracking is regularly reported in the CNCS progress reports

National studies such as the National Health and Nutrition Examination Survey (NHANES) that contribute to the existing literature and call for service in the area of food security among elders have all identified challenges to which increasing attention has been paid to the quality of lives among the elderly. These studies have now been around for several years and senior serving agencies have an abundance of data to develop strategies and best practices to insure the activities are making a difference. Volunteer activities have been developed and identified by the service providers and work

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stations. Well established practices with proven results have insured the success of these programs. RSVP volunteers are a force multiplier in assisting these agencies reach their target goals in services provided. Predicted outcomes are being realized and documented through surveys and tools designed both to measure the results but also to "tweak" service activities to become more effective. Change is a logical outcome of the identified needs when the proven strategies and activities are maintained.

Please refer to performance measures addressed in the work plans.

Performance Measure outputs and outcomes have been regularly reported as part of required Project Progress Reports and Project Progress Report Lites.

Recruitment and Development

PLAN AND INFRASTRUCTURE TO ENSURE RSVP VOLUNTEER TRAINING NEEDED TO BE EFFECTIVE.

Our plan ensures that all volunteers receive the necessary orientation and training prior to starting their service by informing each new volunteer about the insurance benefits, time sheets requirements and a listing of the variety of volunteer opportunities available. Volunteers receive a one on one orientation from project staff that helps match their goals, skills/interests and schedule with available volunteer positions. A Volunteer Handbook is available for volunteers.

Volunteer Station Supervisors conduct on-site training for the volunteer pertinent and specific to their assignment and responsibilities. Training needs are identified according to individual volunteer needs, skill levels, and scope of interest. Abilities of each volunteer are identified with the requesting station representative. Orientation and training then becomes a station responsibility. New stations are trained by the RSVP office staff. Memorandums of Understandings are reviewed as a guidance tool to let the stations know what they can expect from us and what we will be expecting from them. Follow up with volunteers and stations ensure proper implementation of training and orientation.

DEMOGRAPHICS OF COMMUNITIES SERVED

The Black Hills RSVP covers Fall River and Pennington Counties. Pennington County is the second largest county in South Dakota and Rapid City is the second largest community in the state. The land area served by RSVP covers 5,516 square miles. The U.S. Census Bureau Statistics (<http://quickfacts.census.gov/qfd/>) are listed below for the counties served:

FALL RIVER County (1740 sq mi) has a total population of 7241 with the 55+ age group comprising 1810 or 25.5% of the population. The number of low-income families is 985 or 13.6%. The average household size is 2.23 and the average family size is 2.82. Education levels in Fall River County show 6.8% of the population with an 8th grade education or lower, 10.8% have a 9th-12th grade education

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with no diploma, 34.4% are high school graduates, 25.5%. Hot Springs is the largest city (4093) with the 55+ age group comprising 1443 or 35% of the total population.

PENNINGTON County (2776 square miles) has a total population of 100,850 with the 55+ age group comprising 17,703 or 20% of the population. The number of low-income families is 13,615 or 13.5%. The average household size is 2.49 and the average family size is 3.00. Education levels in Pennington County show 4% of the population with an 8th grade education or lower, 8.2% have a 9-12th grade education with no diploma, 29% are high school graduates. Rapid City is the largest city (67,956) with the 55+ age group comprising 12,600 or 21% of the total population and covers 38.5 square miles. Other communities served are Box Elder (population 7,800), Hill City (population 948), Keystone (population 337), New Underwood (population 660), Rapid Valley (population 8,260) and Wall (population 766).

The non profit community consists of healthcare providers, cultural entities, schools, human service agencies and numerous service groups.

PLAN AND INFRASTRUCTURE TO RECRUIT VOLUNTEER POOL REFLECTIVE OF DEMOGRAPHICS OF COMMUNITIES SERVED.

Our current volunteer base of 520 volunteers is predominately white, with only 4 active Hispanic, 5 Native American, 3 Hawaiian and 1 Black or African American, these numbers reflect the service area population in western South Dakota. Through quality volunteer assignments, service day activities, and a variety of work stations, our plan continues to focus providing a variety of quality and fulfilling assignments. Volunteer skills and interests can be matched easily from a vast service requests made of this project. Ongoing efforts to attract volunteers that have willingness and desire to serve their communities. Recruitment to keep up with attrition and growing needs in our focus area will include: speaking at volunteer station meetings, public events, senior functions, service clubs and other organizations, senior apartments, living centers and other residential areas. Newsletters will be available in the community to attract and inform potential volunteers of service opportunities. Social media such as Facebook and Twitter have also become tools that are starting to become more useful as seniors become more "tech savvy". Volunteer Match.org remains one of our most valuable resources in recruiting and placement of volunteers. These strategies are particularly effective amongst younger volunteers in the 55-70 age group.

PLAN AND INFRASTRUCTURE TO RECRUIT VETERANS/ MILITARY FAMILIES.

Currently, 10% of our volunteer base are identified Veterans. Through our involvement in stations such as VFW, TREA and the SD National Guard we will encourage community service through RSVP

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with the same strategies used to recruit volunteers in general, by offering clearly identified volunteer needs and volunteer position descriptions, speaking at organization events and providing information on joining RSVP.

PLAN AND INFRASTRUCTURE TO RECRUIT RSVP VOLUNTEERS WITH DISABILITIES.

Senior Centers, Adult Services, and aging programs frequently make referrals of individuals with disabilities to engage in community service through RSVP. Our plan is no different than the recruitment and placement of all volunteers. Skills, abilities and interests are discussed during new volunteer orientation, volunteers are placed accordingly. Stations commonly provide accommodations for volunteers with disabilities. Currently we have a large number of volunteers with age related disabilities that are serving effectively as RSVP volunteers.

PLAN AND INFRASTRUCTURE TO RETAIN AND RECOGNIZE RSVP VOLUNTEERS.

Retention of volunteers is achieved by offering challenging volunteer opportunities and supportive relationships with staff. The RSVP office is located in the bus depot in downtown Rapid City. This location affords seniors convenient and easy access to the project while using the city transit system or running errands down town. Location coupled with consistent service for volunteers, personalized support to accommodate individual volunteer needs and fun and rewarding offerings of volunteer opportunities contribute to volunteer satisfaction and overall retention of volunteers.

Our program recognizes volunteers for their contributions by acknowledging their personal achievements and holding an annual recognition event that includes food, awards, entertainment and fun. Slide shows highlighting volunteer activities are a big hit at the event. A Memorial video also remembers our friends that have passed away. A commemorative booklet is published that lists all the volunteers according to years of service, recognizes the outstanding volunteers over the years and again, the memorial section salutes the work of volunteers we lost during the year. Outstanding volunteers are selected as "Volunteer of the Quarter" and announced in Quarterly Newsletters throughout the year. Each year a volunteer is selected as "Volunteer of the Year" at the Recognition Event and the Honoree is profiled in local news publications.

The use of e-mail and social media/Facebook has allowed us to provide publicity of volunteer achievements both personally and as a group. Holiday e-mails are sent to all volunteers wishing them joy and happiness while remembering the difference they are making as volunteers.

Personalized recognition such as remembering volunteer birthdays in newsletter, and attention given to milestones published in local news are all among best practices used by this program.

Program Management

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MANAGEMENT OF VOLUNTEER STATIONS

Volunteer Stations are managed in accordance with RSVP regulations regardless of the focus area. Stations are required to provide their 501c(3) letter from the IRS to insure non-profit status prior to requesting volunteers through RSVP. Before volunteer placement stations must have a current Memorandum of Understanding (MOU) on file. MOU's are renewed every 3 years, more often if necessary. During the renewal process, stations are provided with orientation to remind long term staff, or educate new staff, on the guidelines that exist with RSVP service including prohibited activities. Stations will be required to provide detailed volunteer descriptions that clearly reflect the duties of the volunteer. Stations are required to provide training and orientation to new volunteers and annual health and safety reviews to existing or long-term volunteers.

PLAN TO ENSURE THAT VOLUNTEERS ARE PERFORMING THEIR ASSIGNED SERVICE ACTIVITIES.

Volunteer service activity is reviewed each month through volunteer time sheets. Stations are asked to submit volunteer requests for activities performed at their site. If activities being performed should vary from current planned activities or not be outlined on request forms, we will contact the station and request an update of volunteer job descriptions. If volunteers are unable/unwilling to perform the tasks being requested by the station, we will manage the situation case by case with options being replacement of the volunteer into an assignment that better suits their desire and skill level.

ORGANIZATIONS TRACK RECORD IN WORKPLANS THAT LEAD TO NATIONAL PERFORMANCE MEASURES OUTCOMES

For more than 41 years this program has operated in Rapid City and now maintains 520 registered volunteers participating in various significant volunteer services. Engaging seniors in each community to provide valuable services in both output and outcome based assignments is both consistent and reliable. Proven methods of recruitment, retention and activation have assured the ongoing success and growth of this project.

The City of Rapid City, as any municipality, has many responsibilities to its population. Among them is a strong commitment to provide the citizens of Rapid City with opportunity, a sense of community and civic responsibility, as well as a vehicle in which older individuals can be of service to others. Therefore, the City of Rapid City relies on RSVP to engage and place senior citizens wishing to become or remain active in the community. It has become well known as a "port of entry to service" in Rapid City throughout both the senior community and the local non-profit and service organizations. The ability to provide service in the Primary Focus Area of Healthy Futures, with the objective of Food

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Delivery is an ongoing and successful part of this program. All of the components for this service activity are firmly in place through years of successfully responding to these particular community needs.

Since the inception of impact-based programming, this project has successfully maintained and exceeded the required percentage of volunteer activity in designated activities.

Organizational Capability

INFRASTRUCTURE FOR SOUND PROGRAMMATIC AND FISCAL OVERSIGHT

The City of Rapid City provides support and a solid infrastructure to sustain RSVP and maintain all appropriate accounting structures. The City of Rapid City also supports the programs operations with IT departments that respond to any technical issues.

Programmatic oversight: Daily monitoring and recording volunteer activities through monthly timesheets which are used to generate a variety of monthly reports, including data such as number of service hours, types of volunteer activity, number of individual's assisted and volunteer stations served. Gathering outcome-based information from stations and volunteers for documentation on work plans/program evaluation/community reports.

The Volunteer Reporter is the data based program used by this project to maintain and manage all volunteer data.

Fiscal Oversight: The City of Rapid City Finance Department assures accounting systems utilized is capable of accurately accounting for and safeguarding federal funds. This department is managed by Pauline Sumption, Finance Officer, and City of Rapid City. CNCS funds are directly managed by Dave Yuhas, Grants Manager, City of Rapid City. Dave is familiar with all the federal requirements, statutes and regulations and is able to ensure an effective, efficient accountability of project resources. As the Federal Grants Manager for the City of Rapid City, Dave is aware of the importance of applicable OMB circulars and other protocols that are required for overseeing federal grants.

Providing separate accounting records for non-federal and federal dollars, maintaining project cost accounts separately from the grantees cash account, providing a tracking system as to how the project receives, expense and accounts for all non-federal cash resources. Separate bookkeeping functions (bank deposits, check preparation/signature and statement reconciliation) among grantee/project personnel.

Maintaining a Program Inventory List that designates property purchased with federal CNCS funds, non-federal funds and in-kind donations.

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DESCRIPTIONS OF CLEARLY DEFINED STAFF POSITIONS

The City of Rapid City has appointed Dave Yuhas, Grant Finance Manager, to oversee this project. Dave has more than 12 years of experience in auditing governmental agencies and 2 years' experience with the City and oversees all of the federal, state and local grants for the City of Rapid City. Dave is responsible for all accounts receivable and performs supervisory duties for the project director. Dave regularly attends RSVP Advisory Council meetings and volunteer recognition events.

Angelique Weeks is the RSVP Project Director and has maintained this position for 27 years. Prior to becoming project director, she successfully completed one year as a VISTA Volunteer placed at Head Start of the Black Hills. Angelique has attended annual training opportunities during her tenure with RSVP and continues to take advantage of on-line training opportunities/virtual conferences and technical assistance calls provided by CNCS. Her success in achieving programming for impact goals coupled with impact based programming ensures that the program is able to accomplish program objectives. Should Angelique leave her position, an annual project calendar is completed every January with scheduled events and projects outlined. Dave Yuhas has a vast knowledge and understanding of federal grants. That, combined with his regular attendance with Advisory Council meetings, participation in various projects and fund-raisers, Dave would be able to step in and manage the project until a new Project Director could be identified.

The Volunteer Coordinator's position is held by Ann Hines. Ann has been the Volunteer Coordinator since November, 2012. Ann joined the staff after working for the Youth Commission/Boys & Girls Club of Red River Valley in North Dakota. Ann regularly takes advantage of on-line and virtual training opportunities provided by CNCS. Ann understands the requirements of outcome based programming and is very efficient in managing volunteer data such as timesheets, surveys and other instruments used in proving outcomes of service.

ORGANIZATIONAL CAPACITY TO IMPLEMENT INTERNAL POLICIES AND PROCEDURES TO GOVERN AND MANAGE RISK

The City of Rapid City has strict internal policies and procedures in place that are in accordance with local, state and federal requirements. Risk Management and Personnel Management departments are staffed with highly qualified individuals that meet all the qualifications of public service. RSVP has access to the training and technical assistance of both of these departments and additional compliance training pertinent to ADA, FLMA and safety training are provided annually.

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This program also benefits from additional support of the sponsor that includes administrative support, record keeping, financial management and human resources support. The City of Rapid City holds several federal grants and has a proven ability to serve as a sound fiscal and programmatic administrator that has policy and procedures in place to comply with federal grants.

The City of Rapid City purchasing procedures include submitting invoices to accounts payable through financial software which are then monitored & verified by accounts payable dept. Then they are submitted to the City Council for approval, a check is then issued to the vendor. In accordance with state law, checks require 2 signatures and are signed by the Mayor and the Finance officer.

MANAGEMENT OF ASSETS

The City of Rapid City has ensured quality accounting and fiscal management of the program, assisted in expansion to other smaller, underserved communities, managed staff and assisted in program evaluation.

Financial management systems are in place and the City of Rapid City maintains an excellent record in managing all federal, state and local grants as assured by annual audits. These audit reports can be viewed through the City of Rapid City's web site at <http://www.rcgov.org/Finance/>.

In addition to the CNCS grant, the City of Rapid City sponsors Housing and Urban Development grants for Community Development, Federal Transportation Authority grants for Rapid Transit System, Department of Transportation grant for Rapid City Regional Airport, Department of Energy grants for the capture of methane gas at the Rapid City Landfill, Department of Justice grant for Community Policing through the Rapid City Police Dept., and American Recovery & Reinvestment Act of 2009 (ARRA grants).

COST EFFECTIVENESS AND BUDGET ADEQUACY-

The amount of our federal award \$45,301, this amount requires 46 volunteers be placed in outcome based assignments. For placement we have chosen Healthy futures, Food delivery to satisfy this requirement. We will be placing 154 volunteers in this service activity with attached outcomes. Please refer to work plans for additional information.

PROPOSED REQUIRED NON-FEDERAL SHARE.

With a dedicated and experienced staff and proven practices and success, the non-federal match will

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be secured as follows:

- \$ 45,301 Corporation for National & Community Service
- \$ 1,600 Pennington County Council on Aging
- \$ 1,200 Black Hills Agency
- \$ 5,000 Independent Insurance Agents
- \$ 1,500 Friends of RSVP
- \$ 1,000 Businesses
- \$ 500 Stations/Individuals Donations
- \$ 4,000 Golf Tournament
- \$ 1,500 Gift Wrapping Fundraiser
- \$ 26,995 Candy/Snack Cart, Various Fundraisers, memorials
- \$ 25,120 John T Vucurvich Foundation
- \$ 4,000 City of Rapid City
- \$ 0 Savings
- \$ 117,716 Total

Continuing to seek out in-kind funding (i.e. sponsor, stations, businesses, service organizations, etc.)

- \$ 12,000 Grantee (space, fiscal management, vehicle maintenance, etc.)
- \$ 4,000 Business/Individuals (recognition, supplies)
- \$ 16,000 Total

\$133,716 GRAND TOTAL

Other

N/A

PNS Amendment (if applicable)

N/A

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Performance Measures

Primary Focus Area: Healthy Futures
% of Unduplicated Volunteers in Work Plans that result in Outcomes: 50%
% of Unduplicated in the Primary Focus Area: 50%

Performance Measure: 1.3 Food Delivery

Community Need to be Addressed:

According to the Census Report 2010, 24% of Fall River County's 7,094 inhabitants, or 1,695 individuals, are 65 years of age and older. Also According the US Census Report 2010, 14% of Pennington County's 100,948 residents, or 14,032 individuals, are 65 years of age and older. Through the most recent needs assessment performed by the Pennington County Council on Aging determined that transportation, senior assistance and nutrition are among the top 5 reasons seniors may prematurely enter into long-term care or nursing facilities. Of our senior population, approximately 23% do not own a vehicle or are unable to drive. Lack of transportation compromises the ability of the frail elderly to keep appointments, obtain food and personal care items, and maintain social ties in the community. A recent national survey of older adults conducted by AARP found that loneliness was a strong predictor of poor health. Individuals who have a fulfilling social life tend to be healthier and more capable of living independently.

It is well documented that adequate nutrition is essential for healthy aging, the prevention or delay of chronic diseases and disease-related disabilities, the treatment and management of chronic diseases and overall quality of life. The Title III Older Americans Act states that adequate nutrition is one of the greatest needs of the elderly because it is a factor in forestalling both mental and physical deterioration. Volunteers are needed to insure that elderly individuals maintain confidence through companionship, transportation and nutrition to maintain their independence. Our volunteers will assist frail elderly with transportation needs, provide companion type services and assist in maintaining confidence necessary for independent living.

Focus Area: Healthy Futures

Objective: Aging in Place

Number of
Volunteer Stations: 15

Anticipated
Unduplicated
Volunteers: 154

Anticipated
Volunteer
Contributions: 218

Service Activity: Food Delivery

Service Activity
Description: Volunteers will prepare, sort, deliver meals and food items to homebound elderly and individuals with disabilities.

Anticipated
Output: (PRIORITY) H8: Number of individuals receiving independent living services

Target: 600 How Measured: Activity Logs

Instrument Description Activity logs and client information will be kept and tracked by the stations.

Anticipated
Outcome: (PRIORITY) H9: Number of individuals with increased social support.

Target: 335 How Measured: Survey

Instrument Description Survey will be distributed annually among clients served by RSVP project staff.

Performance Measure: 1.2 Transportation

Community Need to be Addressed:

According to the Census Report 2010, 24% of Fall River County's 7,094 inhabitants, or 1,695 individuals, are 65 years of age and older. Also According the US Census Report 2010, 14% of Pennington County's 100,948 residents, or 14,032 individuals, are 65 years of age and older. Through the most recent needs assessment performed by the Pennington County Council on Aging determined that transportation, senior assistance and nutrition are among the top 5 reasons seniors may prematurely enter into long-term care or nursing facilities. Of our senior population, approximately 23% do not own a vehicle or are unable to drive. Lack of transportation compromises the ability of the frail elderly to keep appointments, obtain food and personal care items, and

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Performance Measure: 1.1 Companionship

both mental and physical deterioration. Volunteers are needed to insure that elderly individuals maintain confidence through companionship, transportation and nutrition to maintain their independence. Our volunteers will assist frail elderly with transportation needs, provide companion type services and assist in maintaining confidence necessary for independent living.

Focus Area: Healthy Futures

Objective: Aging in Place

Number of
Volunteer
Stations: 10

Anticipated
Unduplicated
Volunteers: 76

Anticipated
Volunteer
Contributions: 189

Service Activity: Companionship

Service Activity
Description: Volunteers will engage in friendly visiting, assistance with bill paying, light cleaning, and provide other activities that maintain social connections.

Anticipated
Output: (PRIORITY) H8: Number of individuals receiving independent living services

Target: 189 How Measured: Activity Logs

Instrument Description Activity logs and client information will be kept and tracked by the stations.

Anticipated
Outcome: (PRIORITY) H9: Number of individuals with increased social support.

Target: 0 How Measured: Survey

Instrument Description Survey will be distributed annually among clients served by RSVP project staff.

Performance Measure: 2.1 Tutoring--Public School

Community Need to be Addressed:

US Census information indicates that South Dakota leads the nation in the per capita number of parents of young children who work outside the home. This has a significant impact on the amount of reading time available between students and parents. Currently, there are 1,596 children, grades K-3, at our target Title I elementary schools. Of those, 500 are determined to be below average readers by standard achievement tests. Studies have shown that children who are below basic readers in early childhood education, without assistance from parents or tutors, seldom catch up with their peers. Volunteers are needed to assist with tutoring children grades K-3 that have been identified as below basic to insure that they are given the extra tools needed to increase their reading fluency. We will place volunteer tutors to assist the Rapid City Area Schools in meeting the literacy needs of these children to insure that all K-3rd graders are reading within the average range of fluency.

Focus Area: Education

Objective: K-12 Success

Number of
Volunteer
Stations: 7

Anticipated
Unduplicated
Volunteers: 21

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Performance Measure: 2.1 Tutoring-Public School

Anticipated 25
Volunteer

Contributions:
Service Activity: Tutoring-Public School

Service Activity
Description: Volunteers will meet with children one on one or in small groups to tutor children as directed by teachers.

Anticipated (PRIORITY) ED2: Number of students completing a CNCS-supported education program
Output:

Target: 175 How Measured: Other

Instrument Description Teacher counts. Teachers will track the number of children tutored annually.

Anticipated
Outcome: —No outcome selected—

Target: How Measured:

Instrument Description

Performance Measure: 3.1 Building or Assisting homes-Habitat for Humanity

Community Need to be Addressed:

Data from the South Dakota Housing Development Authority (2011) shows there were 506 homeless people –including 113 children –in Pennington County. According to Habitat for Humanity, Children in non-permanent or temporary housing have increased risk of infections and a greater chance of suffering mental health and behavioral problems. (Harker). Studies have also shown the negative effects on academic and social development among children in sub-standard and non permanent housing. Volunteers serve as a force multiplier in assisting families to secure safe and permanent housing. Volunteers will assist and further the mission of Habitat for Humanity in providing affordable housing for those qualifying families and individuals.

Focus Area: Economic Opportunity

Objective: Housing

Number of
Volunteer
Stations: 1

Anticipated
Unduplicated
Volunteers: 3

Anticipated
Volunteer
Contributions: 7

Service Activity: Building or Assisting homes-Habitat for Humanity

Service Activity
Description: Volunteers will provide support services including clerical, meals and building of homes.

Anticipated (PRIORITY) O5: Number of econ disadv individuals receiving housing placement services
Output:

Target: 43 How Measured: Other

Instrument Description Report from Black Hills Area Habitat for Humanity will supply data of number of individuals receiving housing placement services-Annually.

Anticipated
Outcome: —No outcome selected—

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Performance Measure: 3.1 Building or Assisting homes—Habitat for Humanity

Anticipated Outcome: —No outcome selected—
Target: How Measured:

Instrument Description

Performance Measure: 4.1 Helping with GED

Community Need to be Addressed:

According to the Alliance for Excellent Education, South Dakota has a drop out rate of 21%. Research conducted by Brown University's John Tyler, shows high school dropouts that obtain their GED earn anywhere from 5 to 25% more and are more likely than high school dropouts to enroll in post secondary education and training. Further information from the U.S. Census Bureau shows the unemployment rate among those without a high school diploma is 4% higher than the national average. Adults can significantly improve their income and employment opportunities by obtaining their GED. Volunteers are needed to meet with adults and assist them in the preparation and success in obtaining their GED. Our volunteers will be assisting with the mission of Adult Education in providing tutors to help adults obtain their GED.

Focus Area: Economic Opportunity

Objective: Employment

Number of Volunteer Stations: 2

Anticipated Unduplicated Volunteers: 1

Anticipated Volunteer Contributions: 9

Service Activity: Helping with GED

Service Activity Description: Volunteers will tutor and assist adults in obtaining their GED

Anticipated Output: O2: Number of econ disadv individuals receiving job training or other skill development services.

Target: 12 How Measured: Activity Log

Instrument Description Volunteers will track number of individuals receiving job training or other skill development on their monthly timesheets.

Anticipated Outcome: —No outcome selected—
Target: How Measured:

Instrument Description

Performance Measure: 5.1 Assisting VITA

Community Need to be Addressed:

Ever changing tax laws and filing requirements are challenging, particularly so for low income and elderly individuals. According to the Census Report 2010, 24% of Fall River County's 7,094 inhabitants, or 1,695 individuals, are 65 years of age and older. Also According the US Census Report 2010, 14% of Pennington County's 100,948 residents, or 14,032 individuals, are 65 years of age

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Performance Measure: 5.1 Assisting VITA

and older. Senior Citizens have been identified as needing additional assistance in understanding and electronic filing of income taxes. Without adequate numbers of volunteers, many seniors and low income individuals may be forced to pay for income tax preparation that would be a financial burden to those individuals that are already facing economic challenges. Our Volunteers will assist economically challenged and senior citizens with tax preparation and filing.

Focus Area: Economic Opportunity

Objective: Financial Literacy

Number of
Volunteer
Stations: 1

Anticipated
Unduplicated
Volunteers: 6

Anticipated
Volunteer
Contributions: 7

Service Activity: Assisting VITA

Service Activity
Description: Volunteers will assist with training, preparing and filing income tax returns.

Anticipated
Output: O1: Number of econ disadv individuals receiving financial literacy services.

Target: 100 How Measured: Other

Instrument Description Volunteers will track individual receiving financial literacy services on their monthly time-sheets.

Anticipated
Outcome: —No outcome selected—
Target: How Measured:

Instrument Description

Performance Measure: 6.1 Other community-based activity that serves VETS

Community Need to be Addressed:

According to the Census Report 2010, there are 1,850 veterans living in Fall River County. Also, According the US Census Report 2010, 11,565 veterans are living in Pennington County. Locally we have identified specific needs of veteran's families including assisting with meals, food delivery and distributing information to family members. Without assistance, food insecurities could increase among veteran's families and family members reached could be compromised. Volunteers in this area allow the agencies to increase their services and act as a force multiplier to insure that as many family members are being reached as needed. Volunteers will be placed in stations that assist with meals, companionship/fellowship and the distribution of information to families.

Focus Area: Veterans and Military Families

Objective: Veterans & Families Served

Number of
Volunteer
Stations: 5

Anticipated
Unduplicated
Volunteers: 11

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Performance Measure: 6.1 Other community-based activity that serves VETs

Anticipated 41
Volunteer

Contributions:
Service Activity: Other community-based activity that serves VETs

Service Activity Description: Volunteers will assist with preparing, serving and delivering food and information to family members. Volunteers will also assist with transportation, companionship and clerical support services.

Anticipated Output: (PRIORITY) V8: Number of veterans family members receiving CNCS-supported assistance

Target: 150 How Measured: Tracking System

Instrument Description Stations will track and report number of veterans family members served on an annual basis.

Anticipated Outcome: —No outcome selected—

Target: How Measured:

Instrument Description

Performance Measure: 7.1 Other

Community Need to be Addressed:

According to information obtained from the local chapter, the American Red Cross locally supports the needs of western South Dakota, covering 38,000 square miles and a population of about 200,033 individuals in 19 counties including Pennington and Fall River. Partnering with FEMA, they focus on shelter, feeding and preparation. The local American Red Cross responds to an average of 120 home fires or small disasters annually, in addition to responses to larger disasters such as wild fires and weather related catastrophes. Volunteers are a vital part of this agency's mission in expanding the services required to respond to disasters. Without volunteer involvement, responses would have to be limited to available resources and many smaller family disasters would not be included in the agency's mission. Volunteers will assist with the goal and mission to respond to all disasters in our communities.

Focus Area: Disaster Services

Objective: Disaster Assistance Provided

Number of
Volunteer
Stations: 1

Anticipated
Unduplicated
Volunteers: 3

Anticipated
Volunteer
Contributions: 4

Service Activity: Other

Service Activity Description: Volunteers will assist with training, clerical and on call response.

Anticipated Output: (PRIORITY) D2: Number of individuals that received CNCS-supported services in disaster response

Target: 75 How Measured: Other

Instrument Description Volunteer station will track number of individuals that received services in disaster response and report findings to RSVP on an annual basis.

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Performance Measure: 7.1 Other

Anticipated

Outcome: —No outcome selected—

Target: How Measured:

Instrument Description

Performance Measure: 8.1 Garnering donations

Community Need to be Addressed:

According to information provided by the Urban Institute Research of Record, "Human service nonprofits have been hit hard by the recession. Revenues from major sources have declined, and about 42 percent of human service nonprofits faced a budget deficit. Half of all organizations froze or reduced employee salaries, and 22% of South Dakota's nonprofits drew on reserves or reduced staff size." In order to increase stations capacity to maintain pre-recession services and expand to meet increasing needs, it is necessary for volunteers to assist and develop fundraising projects that will contribute to the agencies growth and ability to meet expansion and service goals. Volunteers will assist with fundraisers necessary to enhance the agency's ability to expand to meet growing needs.

Focus Area: Capacity Building

Objective: Capacity Building & Leverage

Number of
Volunteer
Stations: 7

Anticipated

Unduplicated

Volunteers: 65

Anticipated

Volunteer

Contributions: 201

Service Activity: Garnering donations

Service Activity

Description:

Anticipated

Output:

G3-3.16R: Dollar value of cash resources leveraged by CNCS-supported organizations or participants.

Target: 120000

How Measured: Other

Instrument Description Information on dollar value of cash resources leveraged will be supplied by volunteer stations utilizing volunteers in capacity building fundraisers, annually.

Anticipated

Outcome:

—No outcome selected—

Target:

How Measured:

Instrument Description

Performance Measure: 9.1 Supporting Blood Drives

Community Need to be Addressed:

According to United Blood Services in Rapid City, the community's blood supply is constantly under pressure. Only when a significant number of people donate on a regular basis can a community maintain adequate blood supplies. Waiting for an

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Performance Measure: 9.1 Supporting Blood Drives

emergency before donating could jeopardize lives, as blood needs to be tested, processed and shipped before it can be transfused to patients. Blood must be available at all times in sufficient quantities to meet community needs. Volunteers are needed to assist with maintaining donor requests and information. Volunteers will support blood drives by organizing donor information and processing follow up information to help insure their return.

Focus Area: Capacity Building

Objective: Capacity Building & Leverage

Number of
Volunteer
Stations: 1

Anticipated
Unduplicated
Volunteers: 3

Anticipated
Volunteer
Contributions: 6

Service Activity: Supporting Blood Drives

Service Activity
Description: Volunteers will assist with clerical support and fill out donor appreciation cards.

Anticipated
Output: G3-3.17: Dollar value of in-kind resources leveraged by CNCS-supported organizations or participants

Target: 5258 How Measured: Program Records

Instrument Description Station will track donor information and dollar value of in-kind (pints of blood) and report on an annual basis.

Anticipated
Outcome: —No outcome selected—
Target: How Measured:

Instrument Description

Performance Measure: 10.1 Other

Community Need to be Addressed:

Volunteers are needed locally to support the efforts and missions of non-profit and human service organizations. Volunteer activities such as congregate meals, activities in nursing homes/hospice and senior centers, child identification programs and job fairs and museums are among the services that remain vital to our local community. 141 unduplicated volunteers will continue to serve the local needs and requests of stations to make our program value added to the community.

Focus Area: Other Community Priorities

Objective: Other

Number of
Volunteer
Stations: 50

Anticipated
Unduplicated
Volunteers: 145

Anticipated
Volunteer
Contributions: 330

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Performance Measure: 10.1 Other

Service Activity: Other

Service Activity Description: Volunteers will engage in a wide variety of community identified services.

Anticipated Output: OT1: SC1Grantee met their target for community priority activity, (Yes/No)

Target: 1 How Measured: Other

Instrument Description Volunteer time-sheets will be completed by volunteers and submitted to RSVP staff on a monthly basis.

Anticipated Outcome: —No outcome selected—

Target: How Measured:

Instrument Description