

Lifeways

September 2012 – May 2013

Prevention, Early Intervention, and Outpatient Services

**“Building Bridges with Youth to Live Safe, Drug Free,
and Healthy Lives.”**



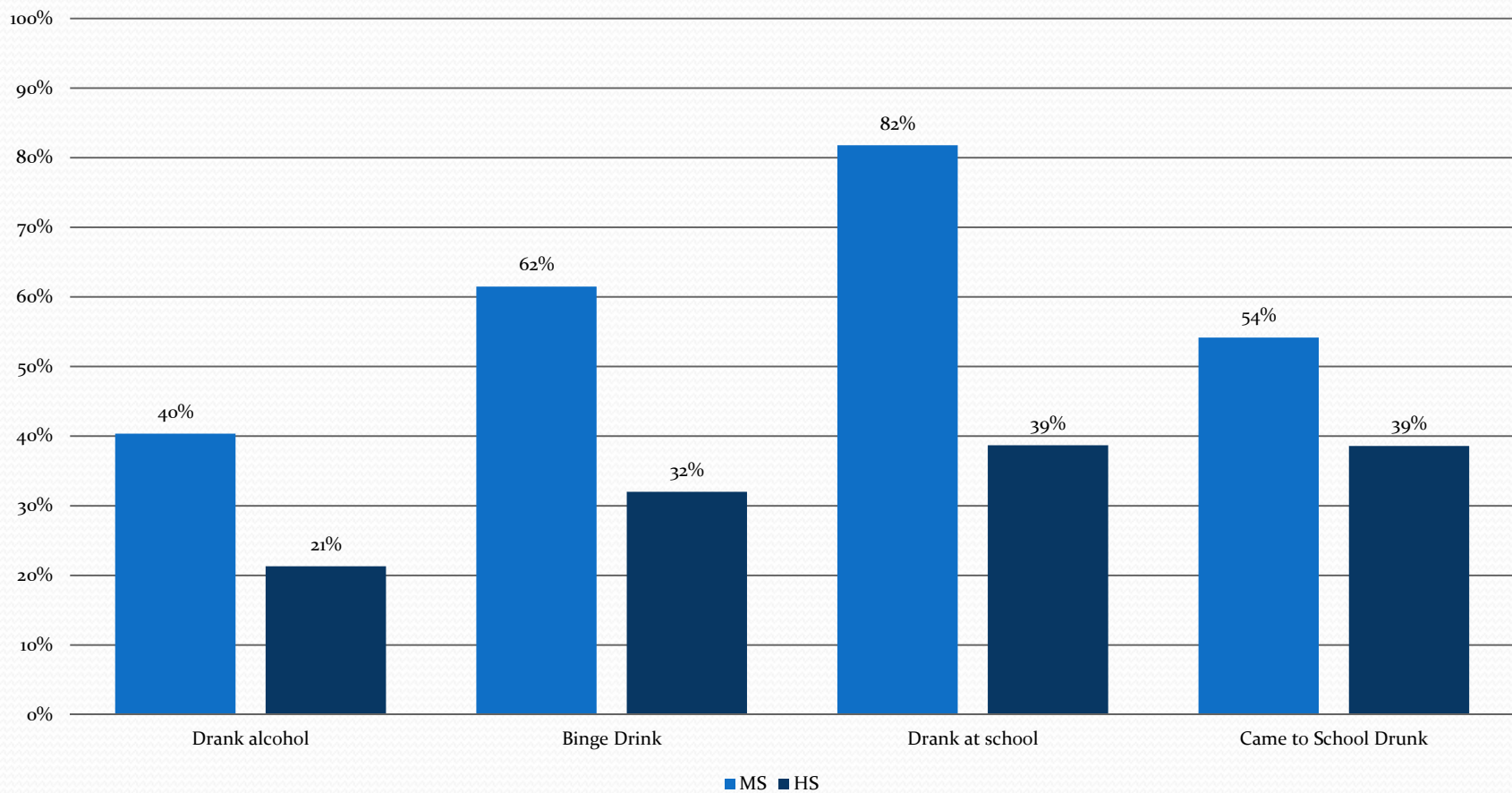
- **7.5 FTE Alcohol and Drug Counselors in Rapid City Middle Schools, High Schools and afterschool**

Universal Prevention

- Classroom in middle and high schools
 - **773 presentation hours – evidenced based curriculum**
- Pro-social universal awareness and peer led groups such as Students Against Destructive Decisions (SADD), and Youth2Youth
 - **443.5 hours of pro-social**



Think Drinking Alcohol is a Good Way to Deal with Sadness or Depression

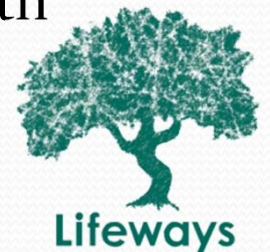


Identifying and Providing Protective Factors

Compared to youth who did not participate in Lifeways Programming, youth who participated showed an INCREASE in:

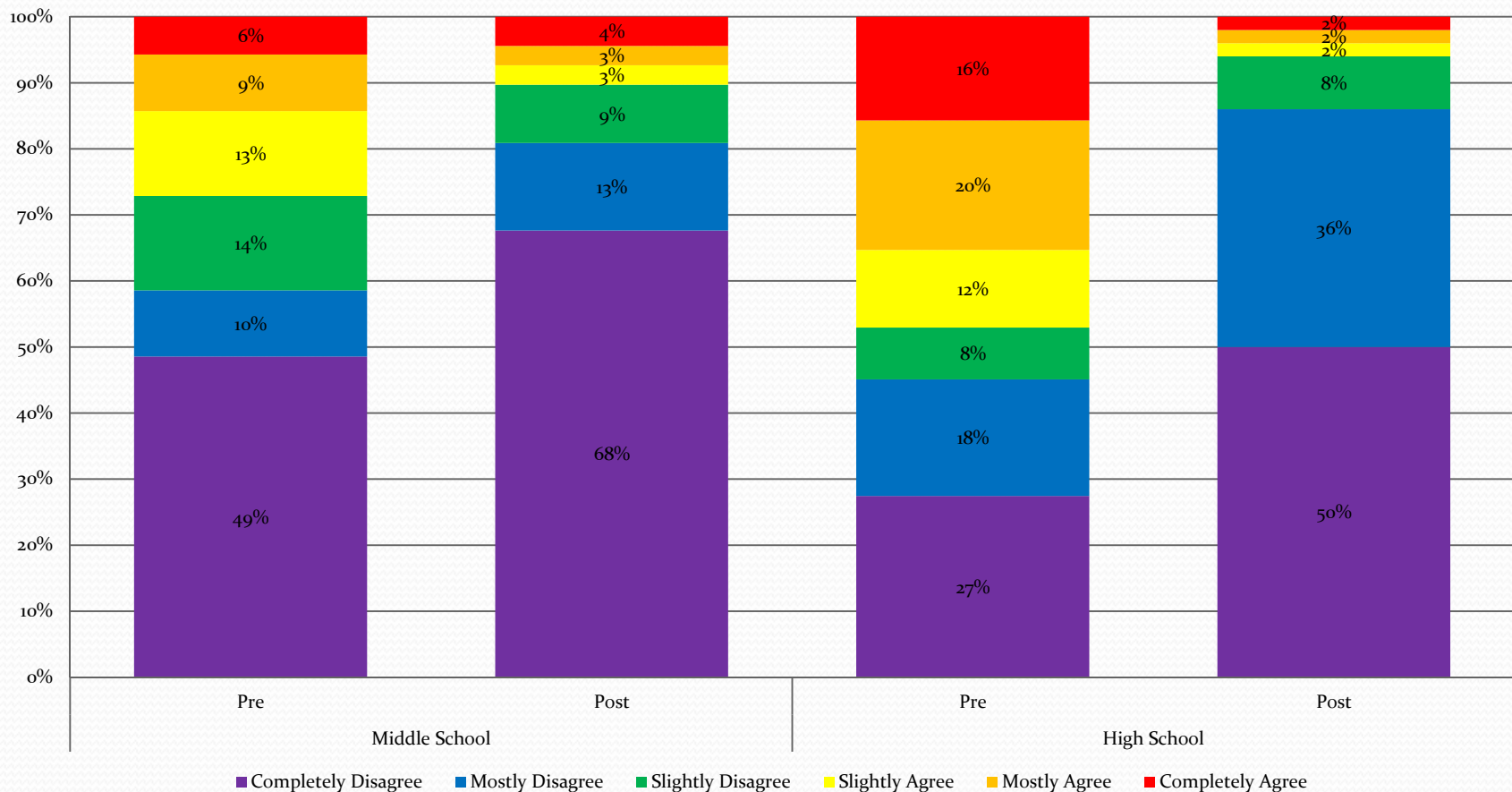
- coping and refusal skills
- adult support system
- goals and opportunities
- having control over their lives
- feeling valued by at least one adult in their life
- ability to handle difficult situations

AND Changed their perception that using alcohol and other drugs are an acceptable coping method when dealing with stress, anxiety, sadness or depression



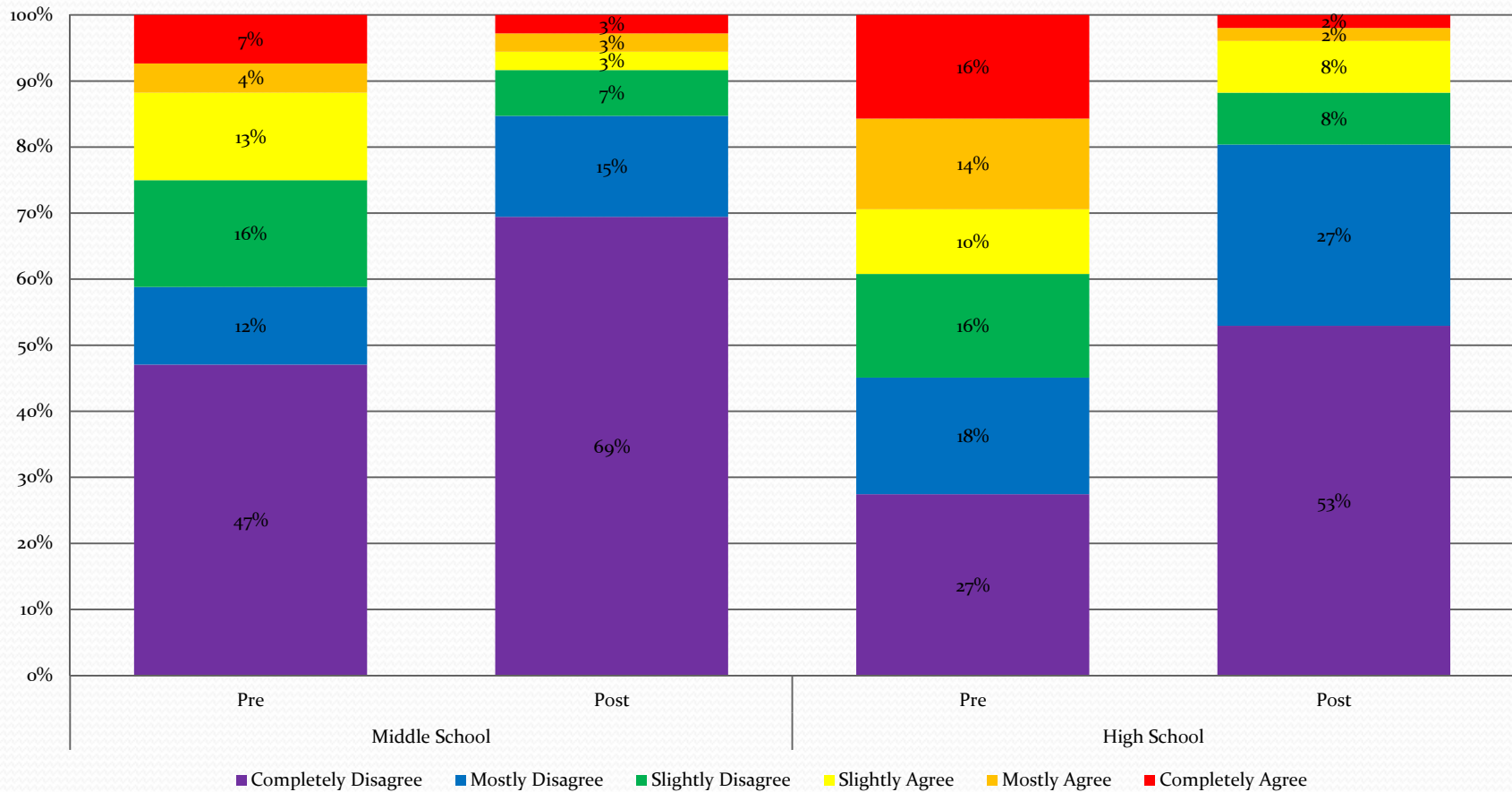
Lifeways Individual & Group Education

I think using alcohol or drugs is a good way to deal with stress and anxiety.



Individual & Group Education

I think using alcohol or drugs is a good way to deal with sadness and depression.



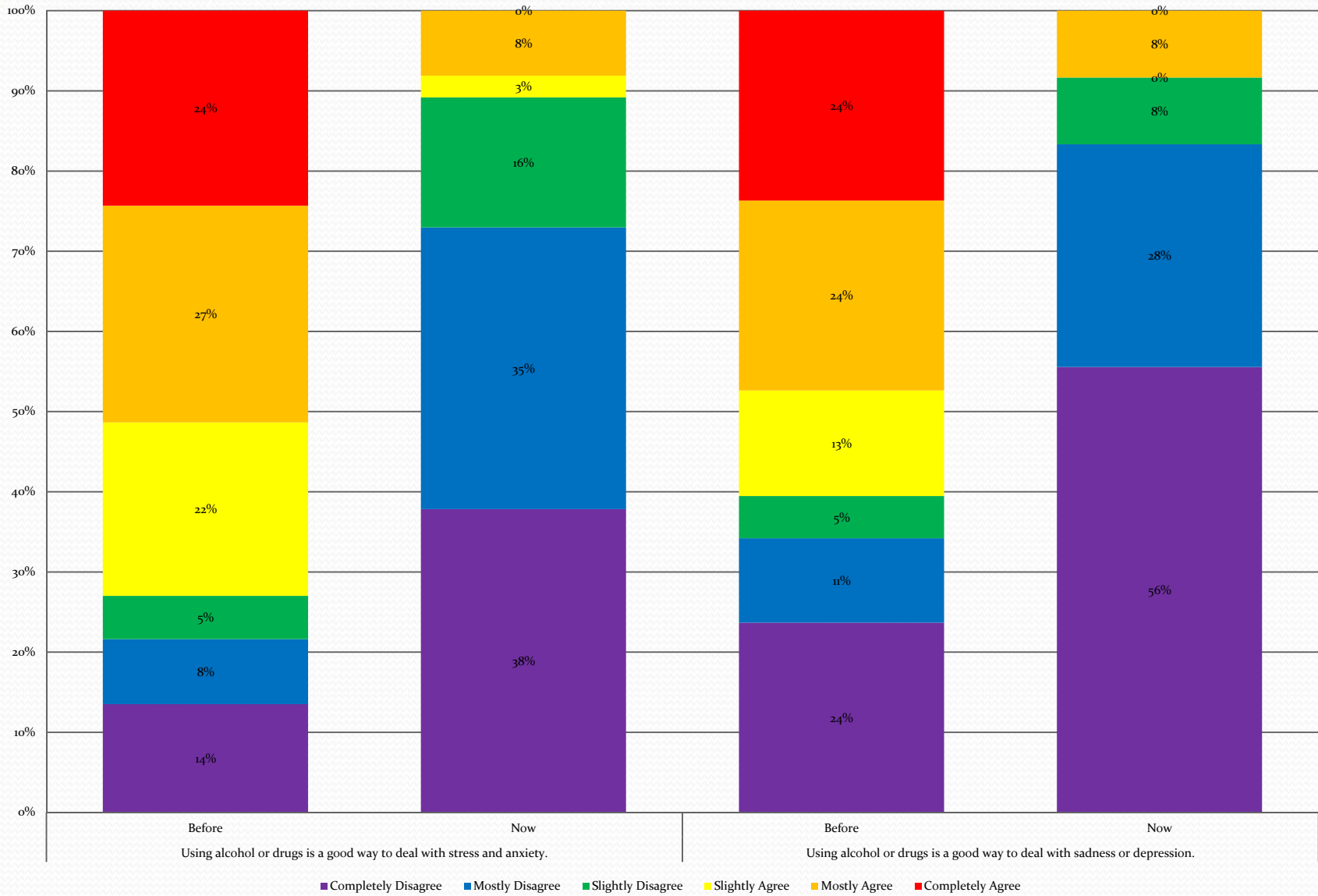
Intensive Prevention - Intervention

PATH – PROMOTING AWARENESS TO HEALTH

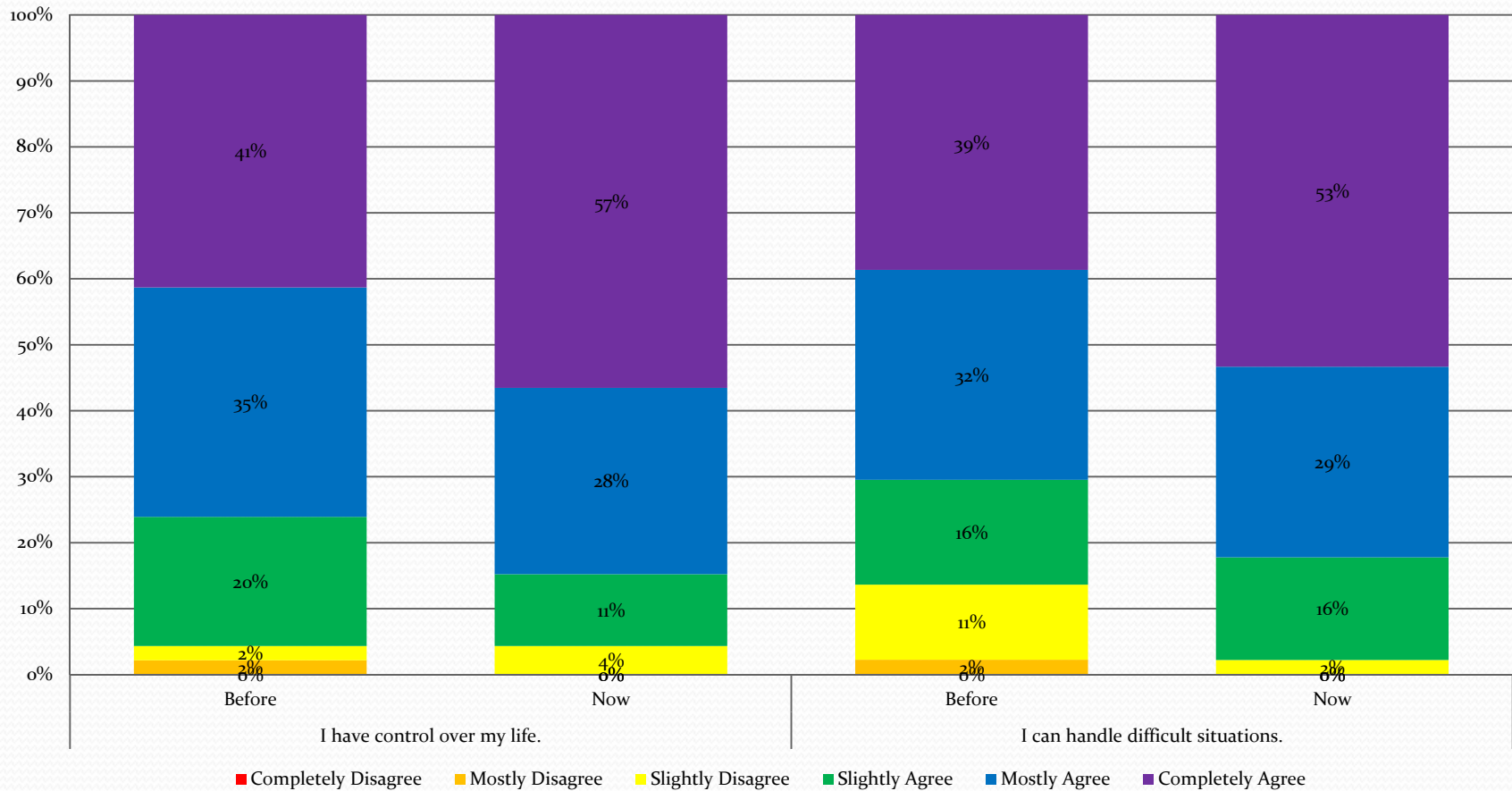
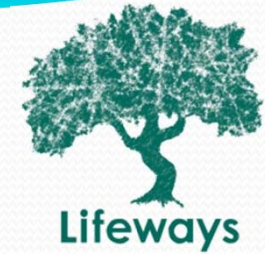
Program	2012-2013		
	Students	Parents	Groups
PATH I	15	10	4
PATH II	71	65	10
PATH III	57	53	8
Total	143	128	22



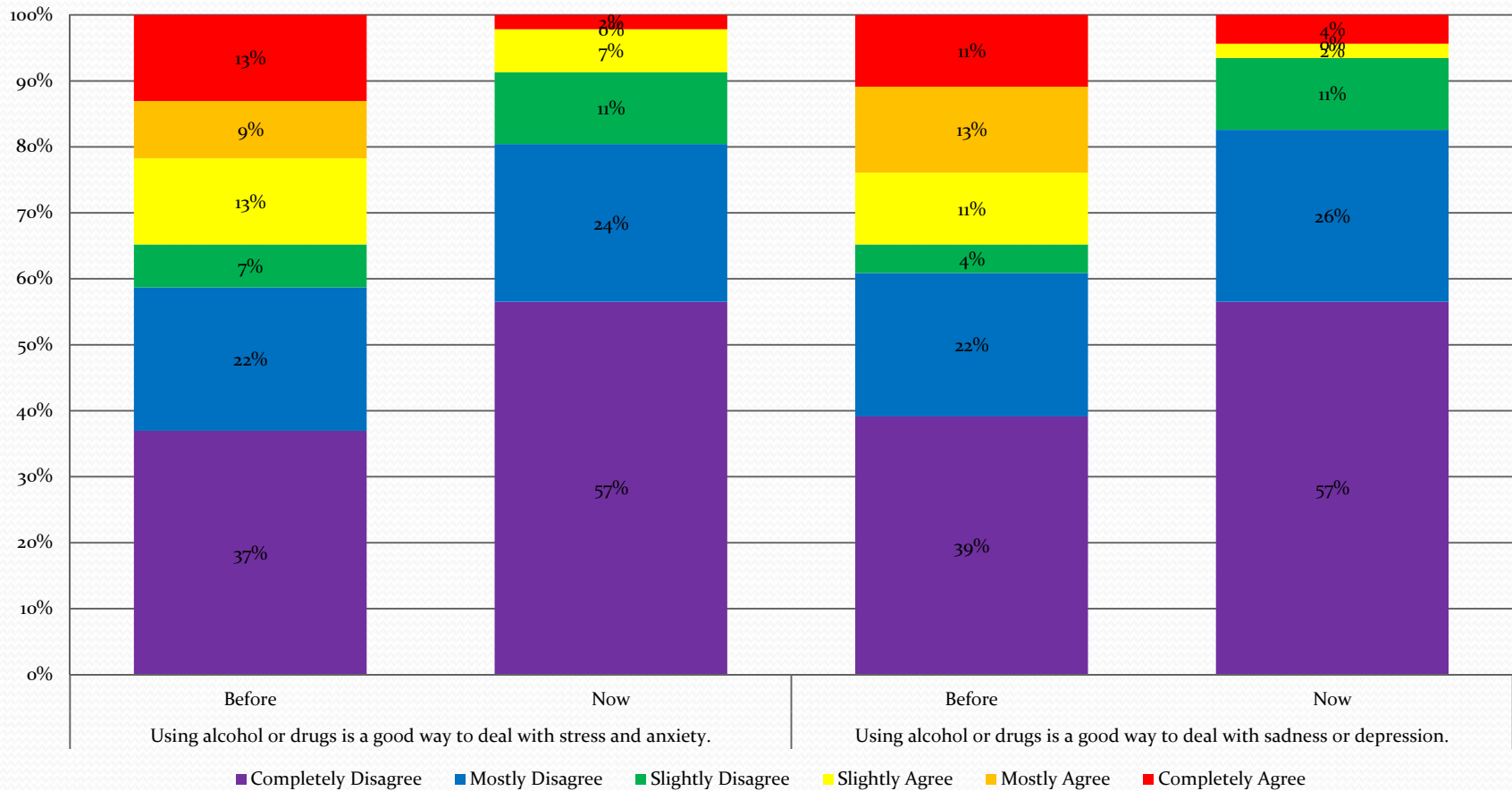
Lifeways Intensive Prevention Class



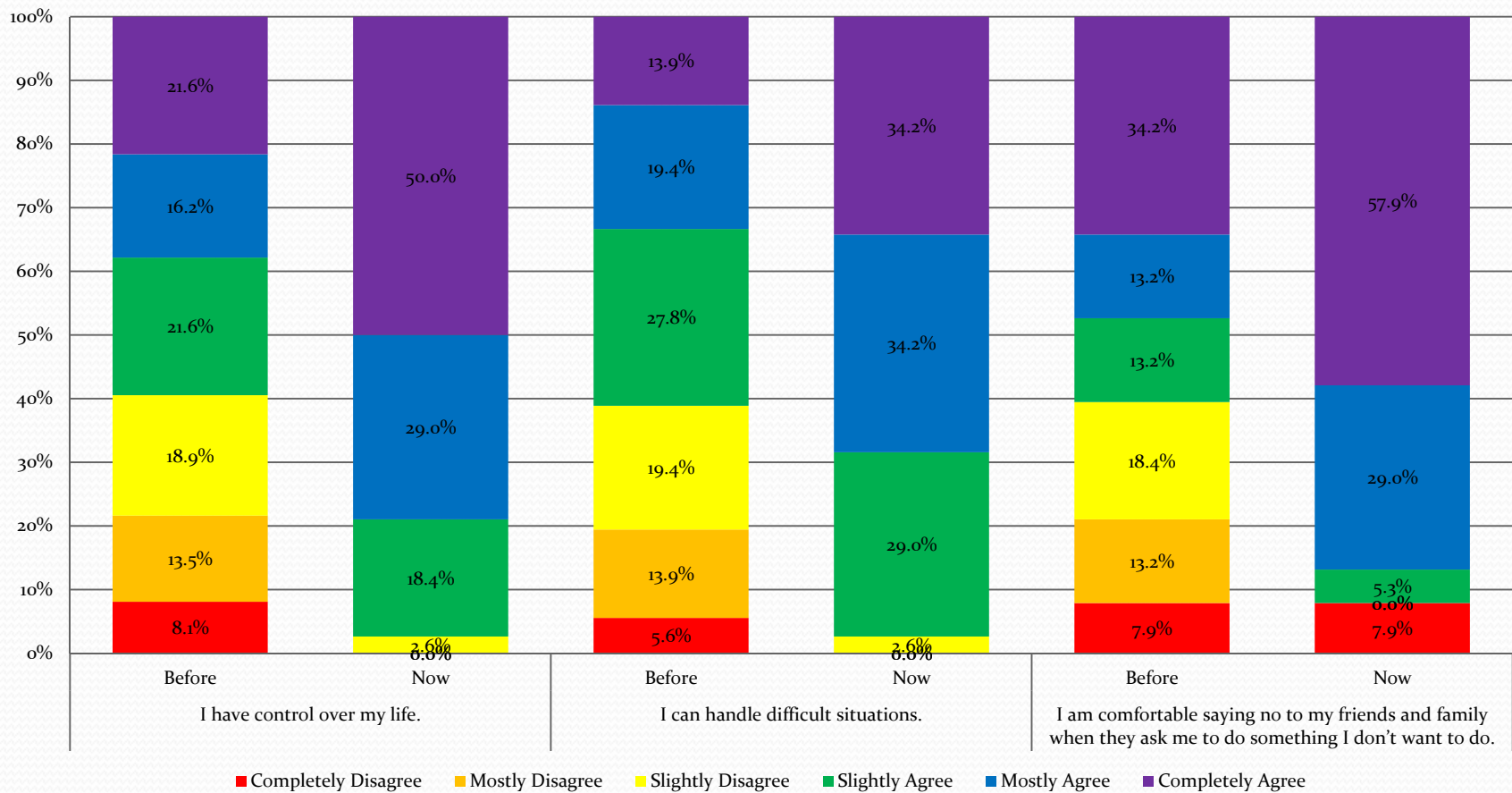
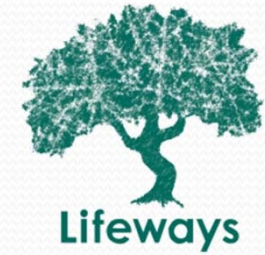
PATH II



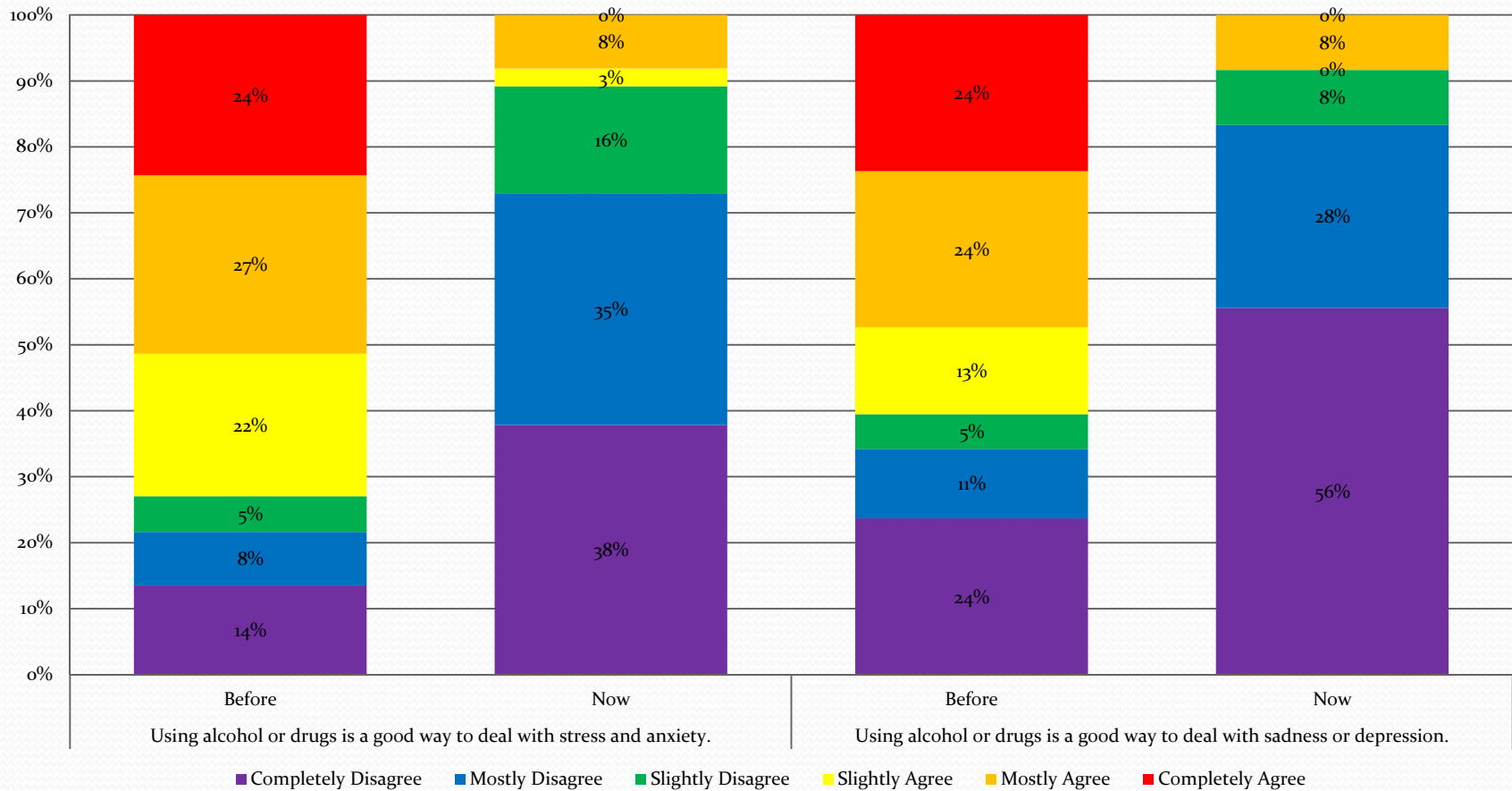
PATH II



PATH III



PATH III



Reduce Recidivism

Recidivism for Youth Who Completed Intensive Prevention Programming (Calculated Using Juvenile Arrest Reports through June 2013)

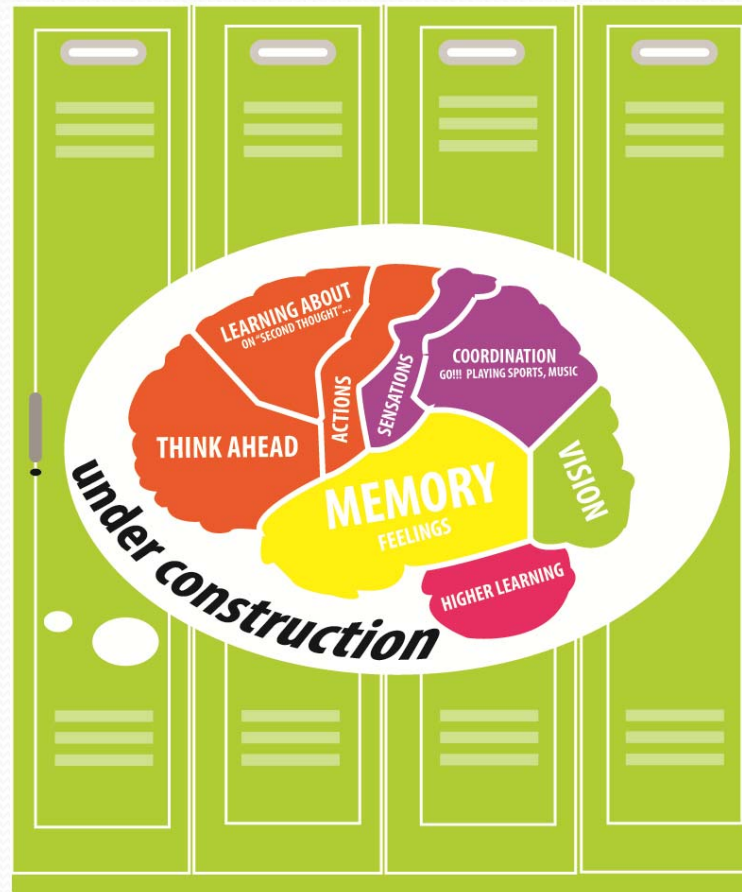
	Sept-Dec. 2011	Jan-Dec 2012	Jan-June 2013
PATH II	45%	19%	11%
PATH III	27%	12%	7%



Lifeways Community Coalition Events with Prevention Partners

- Lifeways provided 2 major coalition events during the year
 - Lifeways 10 year anniversary event
 - Community Forum on the impact of Alcohol on Adolescent Brain Development
- Upcoming Community and School Wide Education Campaign – January 2014 – Adolescent Brain Development and Impact of Substances during development.





January
2014

School & Community Education Campaign

BE TRUE TO YOURSELF & CHOOSE TO BE ALCOHOL & DRUG FREE
HAVE FUN... REACH YOUR GOALS
PLAN YOUR FUTURE... ENJOY YOUR LIFE!
BE HEALTHY!



Go to our website: www.lifeways.ws
for more information
& List of Prevention Partners